



October 27, 2021

Updated Testing and Quarantine Supplemental Information

The purpose of this document is to provide Local Health Departments (LHDs) with new information regarding testing and quarantine. Please note:

- LHDs are the entity responsible for deciding whether to adopt any of the following practices, I-III, and they are under no obligation to do so.
- LHDs who choose to adopt these practices **must**:
 - Ensure that schools remain current on their reporting of all COVID-19 test results—including all results of home testing (if permitted)—to the New York State COVID-19 Report Card, in addition to their other reporting obligations under public health law;
 - Assess available local resources, especially related to testing availability and accessibility, prior to allowing the practice(s). NYSDOH will not make resources (e.g., antigen test kits), beyond that which is currently available, available to LHDs in order to facilitate “Test to Stay” and “Testing out of Quarantine” as described below. (Please note that testing related to the following practices is considered an allowable expense under ELC School Reopening Funding); AND
 - Ensure the opportunity to participate is available to every school in the county. Adoption of the following practices I-III must be a county-level, not school-level, decision in order to guarantee consistency in local administration of quarantine and isolation review responsibilities under Public Health Law Article 21 and its related regulations. For example, LHDs may not permit a school that has access to independent funding for test kits to adopt “Test to Stay” while prohibiting another school with inadequate resources from doing so.

NYSDOH will continue to provide updated information to LHDs as the school year continues.

I. “Test to Stay” (TTS)

Under current [NYSDOH schools guidance](#), unvaccinated close contacts of people with COVID-19 are excluded from school and quarantined. TTS is a strategy that has received media attention and is being piloted in certain jurisdictions. NYSDOH acknowledges TTS as a strategy that allows close contacts to avoid school exclusion (but not other parameters of quarantine) by testing negative with a rapid NAAT or antigen test (e.g., BinaxNOW) on each school day for seven days after exposure. At this time, the NYSDOH

does not recommend TTS. However, if LHDs choose to allow TTS to occur in schools within their jurisdiction, NYSDOH encourages them to ensure the following:

1. The school/district must have a written protocol that:
 - a) Considers equity (i.e., families should not have to pay for testing, or if they do, then the inability to pay should not prevent a student from being eligible for TTS),
 - b) Includes actions to follow-up on transmission (e.g., contact tracing) in the event that an individual tests positive, and
 - c) Other factors deemed essential or important by the LHD or school.
2. The daily test must be conducted and the results received before the school day begins, and positive individuals excluded/isolated per existing procedures.
3. If the test is done in an unmonitored setting (e.g., home), a mechanism to ensure that the test is done correctly and on the correct person must exist.
4. The exposed person who is allowed to remain in school through TTS must still be quarantined outside of school instruction/academic periods (on weekends/holidays when the seven-day TTS period is still active, but no school test is required; after school/evenings; no community activities or extracurricular participation including clubs, sports, arts/performance activities, etc.).
5. If the exposed person who is allowed to remain in school through TTS develops symptoms, they must be excluded from school per current school guidance.

NYSDOH will not provide new TTS technical assistance or resources for schools located in jurisdictions who permit the practice(s).

II. COVID-19 Testing to Permit Return to School After Symptoms

Currently, a NAAT test is required to permit individuals to return to school after developing COVID-like symptoms. Understanding that the turnaround time for some laboratory-based NAATs may result in multiple-day exclusions from school for people with mild symptoms, NYSDOH is amending its guidance to allow people who either (a) are fully vaccinated, or (b) have had COVID-19 infection within the last 90 days to return to school following a negative *antigen* test result. People who are not fully vaccinated and/or who have not had COVID-19 within the last 90 days must receive a negative NAAT result prior to returning to school after developing symptoms unless the criteria established in the [Commissioner's Determination on COVID-19 Testing Pursuant to 10 NYCRR 2.62](#) (September 2, 2021) are met.

III. "Test Out of Quarantine"

NYSDOH has received questions as to whether it is acceptable to allow people under quarantine to shorten their quarantine by receiving negative COVID-19 test results. The NYSDOH's current community quarantine guidance is [here](#). It does not contemplate a

“test out of quarantine” option. At this time, the NYSDOH does not recommend testing out of quarantine. However, if LHDs choose to allow this practice in their jurisdiction, it should align with [CDC recommendations](#), which are currently as follows (emphasis added):

*When diagnostic testing resources are **sufficient and available**, then quarantine can end after Day 7 if a diagnostic specimen tests negative and if no symptoms were reported during daily monitoring. The specimen may be collected and tested within 48 hours before the time of planned quarantine discontinuation (e.g., in anticipation of testing delays), but quarantine cannot be discontinued earlier than after Day 7.*

NYSDOH will not provide new “Test out of Quarantine” technical assistance or resources for schools located in jurisdictions who permit the practice(s).

IV. Exemption to weekly unvaccinated staff/teacher testing for recently recovered persons

NYSDOH has received questions as to whether school staff/teachers who were diagnosed with and recovered from COVID-19 within the last 3 months were subject to the weekly testing requirement established in 10 NYCRR 2.62. They are not. Asymptomatic individuals exposed to COVID-19 who have been previously diagnosed with laboratory confirmed COVID-19, and have since recovered, are not required to retest and quarantine within 3 months after the date of symptom onset from the initial COVID-19 infection or date of first positive diagnostic test if asymptomatic during illness. Schools will have to keep track of when the three months is over, at which time the staff needs to resume testing.